



# All about Continuing Education Units (CEUs)

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# ALL ABOUT CONTINUING EDUCATION UNITS (CEUs)

Continuing education is the foundation of professional practice. It enables you to maintain and develop your skills, and ensure that your knowledge remains relevant and up to date.

AMT's Continuing Education Unit (CEU) scheme aims to:

- develop your professional skills
- provide a form of quality assurance to members of the public seeking qualified therapists
- meet the requirements of third party payment providers such as the private health funds
- align practice standards with allied health professionals such as physiotherapists and chiropractors.

To remain eligible for provider status with the health funds, you must maintain a minimum of 100 CEU points per year, which roughly equates to around 20 hours or three days.

If you acquire more than 100 CEU points in a year, we will roll forward a maximum of 50 points to the next year.

Some simple ways to achieve your annual CEU quota are:

- attend the AMT annual conference (50 CEUs per day)
- attend the AMT Annual General Meeting (15 CEUs)
- attend an AMT accredited workshop (35 CEUs per day)
- attend an AMT Regional Meeting (15 CEUs)

You can upload your CEU documentation via your membership portal at [members.amt.org.au](https://members.amt.org.au)  
Alternatively you can email your documentation to [info@amt.org.au](mailto:info@amt.org.au)

You must include:

- Copies of Certificates (not receipts of payment)
- Details of content and time taken (if the workshop or course is not accredited by AMT).

Maximum points can only be awarded when we have all the details.

# HOW DO I MAINTAIN MY CEU AVERAGE?

<b>Courses and workshops</b>	<b>CEUs</b>	<b>Evidence</b>
AMT-accredited workshops and members' days	35 per day	Certificate of attendance
Non-accredited workshops within AMT scope of practice	15 per day	Certificate of attendance
Substantial courses (e.g university) in allied subjects	150 per year	Academic transcript
Substantial VET courses (e.g Certificate IV in Workplace Training and Assessment)	100 per year	Certificate
<b>Conferences</b>		
AMT annual conference	50 per day	N/A
Reputable conferences in allied disciplines	35 per day	Certificate of attendance
<b>AMT meetings</b>		
Annual General Meeting	15	N/A
Branch meetings	15	Record of Attendance on Minutes from Region
<b>Miscellaneous</b>		
Peer review. Ask an AMT colleague to assess your skills by receiving a treatment from you and complete the peer review form supplied by AMT.	5 per review to maximum 20 a year	Completed peer review form
Voluntary massage, including sporting events	15 per day to a maximum of 50 a year	Letter signed by supervisor or event coordinator
Subscription to a recognised, peer reviewed journal	10 per year	Receipt of subscription
Summary of a purchased book or DVD, minimum 700 words	10	Copy of summary
Renewal of HLT First Aid	35 every 3 years	Copy of certificate

## **PLEASE NOTE:**

For any activities not included on this list, please check with AMT Head Office prior to attending to see whether a workshop or activity is eligible for CEUs.

AMT's official scope of practice for massage therapy is published in the AMT Code of Practice. Study in modalities identified by AMT to be outside the scope of massage will not be awarded any continuing education points. For a full list of these modalities please refer to page 14 of the AMT Code of Practice: <http://www.amt.org.au/downloads/practice-resources/AMT-code-of-practice-final.pdf>

## **How many CEUs will I receive for attending AMT-Accredited workshops?**

AMT-Accredited workshops attract 35 CEUs per day. We will need a copy of your attendance certificate.

## **What about workshops that are not accredited by the AMT?**

Reputable workshops that are not accredited will attract at least 15 CEUs per day. We may be able to award up to 35 CEUs per day for some non-accredited workshops. We will need a copy of your attendance certificate, and information on the length and content of the workshop to allocate CEUs.

Please note that workshops covering practices that are outside AMT's defined scope of practice will not be eligible for CEUs. For a comprehensive list of modalities outside the scope please refer to the AMT Code of Practice.

## **Do I get CEUs for attending AMT branch meetings?**

AMT branch meetings with an educational content have always received CEUs. Attendance should be noted on your CEU records (including the hours of attendance) and in the minutes of the meeting.

## **How and when do I advise AMT of my CEUs?**

You can submit your documentation for CEUs at any point during your membership year via your membership portal at [members.amt.org.au](http://members.amt.org.au). Points will be allocated at the time of submission. If you do not submit documentation as you go, you can fill out a CEU record sheet and submit everything when you renew your membership.

## **I cannot possibly do any continuing education; I've been too busy with other things...**

You may have done courses in relation to massage and do not think they are worth any CEUs. Send in the relevant documentation with your next renewal for us to assess, as you may be given some CEUs. It is always a good idea to submit everything you have done as a variety of things may earn you points.

However, if you haven't done any professional development at all you can become a non-CEU member. This enables you to retain your current level of membership and still receive most benefits. However, as you have chosen not to do continuing education, we will not endorse you with health funds and we will not refer members of the public to you.





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