

amt

in good hands

the journal of the association of massage therapists ltd

Guidelines for Authors



Association of Massage Therapists Ltd
PO Box 826 Broadway NSW 2007
T: 02 9211 2441 | F: 02 9211 2281
info@amt.org.au
www.amt.org.au

We encourage all AMT members to consider submitting an article to *In Good Hands*. Writing for the journal helps you to work out your areas of knowledge, encourages you to research subjects more deeply so you can pass the knowledge onto clients, and fires up enthusiasm for your chosen field. As an added bonus, you also gain CEU points (see below for details).

These guidelines are designed to help writers with their contributions to *In Good Hands*. All accepted contributions to the journal are edited for style, grammar, spelling and readability.

If you are unsure about making a contribution and would like to discuss it further, please contact the editor of *In Good Hands*, at journal@amt.org.au

If you need assistance with any of the requirements listed below please do not hesitate to contact the editor for help and advice.

Readership

In Good Hands is the quarterly journal of the Association of Massage Therapists (AMT). It is distributed to all AMT members as well as independent subscribers. It is a glossy, black and white publication with a current circulation of 2300.

Contributions submitted to *In Good Hands* should be written for a readership who:

- are familiar with massage therapy as a treatment
- have an understanding of massage therapy in the context of other health disciplines

- want to keep abreast with industry trends and new developments
- want to consolidate existing knowledge.

The purpose of the journal is to educate readers about industry trends and new developments, report on current evidence and research and consolidate existing knowledge.

Contents

Articles published in *In Good Hands* include reports about AMT activities, book and DVD reviews, researched articles, clinical perspectives, discussions about clinical practice including case studies, and the latest studies into massage therapy.

Contributions are invited from writers in the following categories:

- **Researched articles**

These types of articles deal with any issues, modalities and theories that are relevant to the practising massage therapist. They should be presented logically and include a conclusion. They must also be appropriately referenced.

- **Book and DVD reviews**

Reviews should describe the book or DVD in detail and discuss its uses and relevance to clinical practice. They can also compare similar products or editions.

- **Clinical Perspectives**

This is a regular column that features a particular condition that is commonly presented in a clinical environment. Contributors to this column share their methods and approaches to treating the condition. The featured condition for the upcoming edition is advertised in the previous edition e.g. June's clinical condition is promoted near the Clinical Perspectives column in the March edition.

- **Case Studies**

A case study is the methodical investigation of a person, or persons, pathology, or treatment method. It follows specified parameters in order to allow possible replication or further investigation. This includes creating and implementing a treatment plan in accordance with the needs of the client and the practitioner's expertise, writing up the results, discussing the implications of the outcomes, and offering suggestions for future study.

For more information on how to write a case study, please refer to AMT's Case Study Guidelines, available online at <http://www.amt.org.au/downloads/journal-archive/AMT-Case-Study-Guidelines.pdf>

- **Letters to *In Good Hands***

Letters published in *In Good Hands* can comment on the journal itself or discuss subjects such as a recent workshop, a clinical incident or other topics of interest to readers.

All contributions are subject to an assessment process to ensure their suitability for publication. Articles that are written primarily to promote particular practices, workshops, or therapeutic devices or goods will be returned for revision.

Referencing

Researched articles must be adequately and appropriately referenced. *In Good Hands* uses The American Psychological Association (APA) referencing system. A quick reference APA guide can be found at <http://www.apastyle.org>

Please note that plagiarism will not be tolerated. Plagiarism is defined in the Macquarie Dictionary as, 'the appropriation or imitation of another's ideas and manner of expressing them as in art, literature etc. to be passed off as one's own.' Content taken from any source must be appropriately acknowledged.

Photographs, tables, graphs and illustrations

Photographs, tables, graphs and illustrations should be numbered in order and each given a brief and appropriate title.

Photographs should be supplied electronically as high-resolution JPEG or TIFF files. Illustrations should also be sent electronically either in Illustrator, PDF or EPS formats.

If you require assistance with preparing graphics for your article, please contact Claudia Iacovella on 0417 073 383 or email: claudesign13@gmail.com

Submissions

All submissions should be in Microsoft Word format. Images should be submitted as separate attachments (and not embedded in the text). Email your submissions to journal@amt.org.au

Contribution deadlines for *In Good Hands*

JOURNAL EDITION	CONTRIBUTION DEADLINE
March	1 February
June	1 May
September	1 August
December	1 November

Author details

Contributors need to provide the following details with contributions:

- Full name
- Contact telephone numbers and email address

Copyright

AMT reserves the right to first publication acknowledgement for articles that appear in the journal and are subsequently republished in other journals and formats.

CEU points for contributions

Writers will gain the following CEU points for contributions to *In Good Hands*.

Researched articles	50 points
Book and DVD reviews (minimum 750 words)	25 points
Clinical perspectives	20 points
Case Studies	30 points
Published letters	5 points