

AMT Position Statement

Continuing Professional Development

AMT has the vision to ensure that Australians have access to safe, ethical and evidence-informed massage therapy treatment within the Australian health care system.

AMT places great value on members providing a best practice approach to their client's therapy, and to active participation in the health industry. In line with this, AMT promotes a culture of members fulfilling meaningful professional development and endeavours to share various opportunities to members to achieve this.

AMT is currently using a structure based on members gaining 100 Continuing Education Units (CEU) points per year, with up to 50 points carried over. This model places strong value on points and cost of the experience, whereas the new model will focus on effort and reflective practices.

Each of our 3200+ members has individual interests, specialisations and/or areas of improvement that they have identified. AMT appreciates this diversity within the member base and understands there are differences in what constitutes valuable development for individual members.

However, AMT does not recognise particular content that is not in line with AMT's values. This includes training that is not within the scope of practice of massage therapy as outlined in the AMT Code of Practice.

A move to revise the existing CEU system to a reflective hours-based model aims to:

- simplify the professional development process for members
- embrace personalised education experiences using reflective methods
- expand the current parameters of self-development for massage therapists, connecting, engaging and collaborating with colleagues and community
- broaden engagement with activities and opportunities in the public health sphere
- align with AMT's core values.

Under the new reflective model, members are required to annually review their own position and goals for the upcoming year, considering the areas they would like to develop in.

AMT will continue to regularly share a range of development activities with members to assist in identifying relevant and accessible opportunities across Australia. Members can also choose other relevant activities, based on individual needs in both their practice and their community, providing that they align with the AMT Code of Practice.

Members are required to undertake twenty (20) hours of professional development every year. Hours will be recorded in 15-minute increments and cannot be carried over to the following year.

Each member will be in the driver's seat in terms of planning ongoing development, thinking about ongoing development and recording reflections in the AMT member portal.

Members will complete a reflection record for each activity undertaken, detailing their personal experiences from the activity.

