

AMT Position Statement

Fertility Massage

AMT does not endorse the practice of 'fertility massage' and finds it to be outside the scope of practice of massage therapy. Fertility massage should not be performed as a part of the massage therapy treatment plan.

It is AMT's opinion that fertility massage may raise false expectations among vulnerable consumers. In accordance with AMT's Advertising Standard, AMT advises against advertising that is false, misleading, inaccurate or deceptive. Massage therapists should not promote their services in a manner that creates or is likely to create unrealistic expectations about the effectiveness of the service, or creates or is likely to create false hope.¹

Furthermore, it is AMT's opinion that there is insufficient evidence to support fertility massage. AMT is only aware of one large retrospective study of fertility massage, which reported results from a private physical therapy clinic.² The treatment protocols used in the study were not described. The same clinic has published a number of other papers from the same data pool over the past ten years. There is no other evidence for the efficacy of fertility massage.

1. AMT Code of Practice, <http://www.amt.org.au/downloads/practice-resources/AMT-code-of-practice-final.pdf>, pp52-53.
2. Rice A D, Patterson K, et al (2015) Ten-year Retrospective Study on the Efficacy of a Manual Physical Therapy to Treat Female Infertility, *Alternative Therapies in Health and Medicine*, Vol 21(3): 32-40.



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