



Case Study Database

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Established 1966

association of massage therapists

Safety & Efficacy & Research

AUTHORS	STUDY	FULL TEXT HYPERLINK
Baskwill, A.	(2013). Facilitating Case Studies in Massage Therapy Clinical Education. <i>Int J Ther M & Bodywork</i> , 6(2), 20-23.	http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3666597/

Myofascial pain

AUTHORS	STUDY	FULL TEXT HYPERLINK
Wong RW & Rabie AB.	(2008). Local massage with topical analgesic, a novel treatment modality for temporomandibular muscular pain, a case study report of 5 consecutive cases. <i>Open Orthop J</i> , 2, 97-102.	http://www.ncbi.nlm.nih.gov/pubmed/19506702

Low back pain

AUTHORS	STUDY	FULL TEXT HYPERLINK
Cottingham JT & Maitland J.	(1997). A three-paradigm treatment model using soft tissue mobilization and guided movement-awareness techniques for a patient with chronic low back pain: A case study. <i>J Orthop Sports Phys Ther</i> , 26(3), 155-167.	
Chen S.	(2007). The clustered needling, massage and cupping used for treatment of obstinate myofascitis of the back--a report of 68 cases. <i>J Tradit Chin Med</i> , 27(2), 113-114.	

Neck and shoulder pain

AUTHORS	STUDY	FULL TEXT HYPERLINK
Avery RM.	(2012). Massage therapy for cervical degenerative disc disease: alleviating a pain in the neck? <i>Int J Ther Massage Bodywork</i> , 5(3), 41-46.	http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3457722/
Thompson WR, Carter R, Rohe B, Duncan RL, & Cooper CR.	(2011). A novel massage therapy technique for management of chronic cervical pain: A case series. <i>Int J Ther Massage Bodywork</i> , 4(3), 1-7.	http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3184474/

Fibromyalgia

AUTHORS	STUDY	FULL TEXT HYPERLINK
Shirreffs CM.	(2001). Aromatherapy massage for joint pain and constipation in a patient with Guillian Barré. <i>Complement Ther Nurs Midwifery</i> , 7(2), 78-83.	

Orthopaedics

AUTHORS	STUDY	FULL TEXT HYPERLINK
Halpin S.	(2012). Case report: the effects of massage therapy on lumbar spondylolisthesis. <i>J Bodyw Mov Ther</i> , 16(1), 115-123.	
Chunco R.	(2011). The effects of massage on pain, stiffness, and fatigue levels associated with ankylosing spondylitis: a case study. <i>Int J Ther Massage Bodyw</i> , 4(1), 12-17.	http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3088527/?report=reader
Keller G.	(2012). The effects of massage therapy after decompression and fusion surgery of the lumbar spine: a case study. <i>Int J Ther Massage Bodywork</i> , 5(4), 3-8.	http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3528189/
Christie WS, Puhl AA, & Lucaci OC.	(2012). Cross-frictional therapy and stretching for the treatment of palmar adhesions due to Dupuytren's contracture: a prospective case study. <i>Man Ther</i> , 17(5), 479-482.	
Weeks SR & Tsao JW.	(2010). Incorporation of another person's limb into body image relieves phantom limb pain: A case study. <i>Neurocase</i> . 16(6), 461-465.	
Bajuk S, Jelnikar T, & Ortar M.	(1996). Rehabilitation of patient with brachial plexus lesion and break in axillary artery. Case study. <i>J Hand Ther</i> , 9(4), 399-403.	
O'Laughlin TJ, Klima RR, & Kenney DE.	(1994). Rehabilitation of eosinophilic fasciitis. A case report. <i>Am J Phys Med Rehabil</i> , 73(4), 2862-92.	
Hanson AA.	(2010). Improving mobility in a client with hypochondroplasia (dwarfism): A case report. <i>J Bodyw Mov Ther</i> , 14(2):17217-8.	
Tonley JC, Yun SM, Kochevar RJ, Dye JA, Farrokhi S, & Powers CM.	(2010). Treatment of an individual with piriformis syndrome focusing on hip muscle strengthening and movement reeducation: A case report. <i>J Orthop Sports Phys Ther</i> , 40(2), 103-111.	
Cook KM & Heiderscheid B.	(2009). Conservative management of a young adult with hip arthrosis. <i>J Orthop Sports Phys Ther</i> , 39(12), 858-866.	http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2867340/
Wilson E.	(2008). Loosening the limbic grip on pain and disability. <i>J Bodyw Mov Ther</i> , 12(4), 299-304.	
Diers DJ.	(2008). Medial calcaneal nerve entrapment as a cause for chronic heel pain. <i>Physiother Theory Pract</i> , 24(4), 291-298.	
LeBauer A, Brtalik R, & Stowe K.	(2008). The effect of myofascial release (MFR) on an adult with idiopathic scoliosis. <i>J Bodyw Mov Ther</i> , 12(4), 356-363.	
Backstrom KM.	(2002). Mobilization with movement as an adjunct intervention in a patient with complicated de Quervain's tenosynovitis: a case report. <i>J Orthop Sports Phys Ther</i> , 32(3), 86-94; discussion 94-97.	

Spinal Cord Injury

AUTHORS	STUDY	FULL TEXT HYPERLINK
Manella C & Backus D.	(2011). Gait characteristics, range of motion, and spasticity changes in response to massage in a person with incomplete spinal cord injury: case report. <i>Int J Ther Massage Bodywork</i> , 4(1), 28-39.	http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3088529/
Keller G.	The effects of massage therapy after decompression and fusion surgery of the lumbar spine: A case study. <i>Int J Ther Massage Bodywork</i> , 5(4), 3-8.	http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3528189/
Halpin S.	Case report: The effects of massage therapy on lumbar spondylolisthesis. <i>J Bodyw Mov Ther</i> , 16(1), 115-123.	

Hypertension & Circulation

AUTHORS	STUDY	FULL TEXT HYPERLINK
Roberts LSE.	(2011). Effects of patterns of pressure application on resting EMG during massage. <i>Int J Ther Massage Bodyw</i> , 4(1), 4-11.	http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3088531/?report=reader
Dicks K & Rizek P.	(2010). Massage therapy techniques as pain management for erythromelalgia: A case report. <i>Int J Ther Massage Bodywork</i> , 3(4), 5-9.	http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3088525/
Nakao F, Furutani A, Yoshimura K, Hamano K, Kinoshita Y, Kawamoto R, Nakao H, & Suzuki S.	(2009). The outcomes of a program based on complex decongestive physiotherapy for a patient with secondary lymphedema caused by infection on the leg. <i>Fukuoka Igaku Zasshi</i> , 100(6), 235-241.	

Infant/paediatic

AUTHORS	STUDY	FULL TEXT HYPERLINK
Lindrea KB & Stainton MC.	(2000). A case study of infant massage outcomes. <i>American Journal of Maternal Child Nursing</i> , 25(2), 95-99.	
Lewis S.	(2000). Utilising paediatric massage in an intensive care unit (PICU) in Saudi Arabia. <i>Aust J Holist Nurs</i> , 7(2), 29-33.	
Aly, FF & Murtaza G.	(2013). Massage therapy in preterm infants. <i>Pediat Therapeut</i> , 3(2), 155.	http://www.omicsonline.org/massage-therapy-in-preterm-infants-2161-0665.1000155.pdf

Sports & Exercise

AUTHORS	STUDY	FULL TEXT HYPERLINK
Vicenzino B & Wright A.	(1995). Effects of a novel manipulative physiotherapy technique on tennis elbow: A single case study. <i>Manual Ther</i> , 1(1), 30-35.	
Hoskins WT, Pollard HP, & McDonald AJ.	(2005). Quadriateral space syndrome: a case study and review of the literature. <i>Brit J Sports Med</i> , 39.	
Hudes K.	(2011). Conservative management of a case of medial epicondylosis in a recreational squash player. <i>J Can Chiropr Assoc</i> , 55(1), 26-31.	http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3044804/
Christiaans I, Stapper G, & Backx FJ.	(2004). A long-distance runner with a painful sesamoid bone in the forefoot. <i>Ned Tijdschr Geneesk</i> , 148(32), 1594-1598.	

Miscellaneous

AUTHORS	STUDY	FULL TEXT HYPERLINK
Ahles TA, Tope DM, Pinkson B, Walch S, Hann D, Whedon M, Dain B, Weiss JE, Mills L, & Silberfarb PM.	(1999). Massage Therapy for Patients Undergoing Autologous Bone Marrow Transplantation, <i>J Pain & Symp Management</i> , 18(3), 157-163.	
Kassolik K, Kurpas D, Andrzejewski W, Wilk I, & Swiatek M.	(2013). The Effectiveness of Massage in Stress Urinary Incontinence-Case Study. <i>Rehabil Nurs</i> . (Epub ahead of print).	
Thomason MJ & Moyer CA.	(2012). Massage therapy for lyme disease symptoms: a prospective case study. <i>Int J Ther Massage Bodywork</i> , 5(4), 9-14.	http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3528190/
Muscolino JE.	(2013). Abdominal wall trigger point case study. <i>J Bodyw Mov Ther</i> , 17(2), 151-156.	