

# Can I claim my mobile massage through my health fund?

**The Association of Massage Therapists Ltd (AMT) represents 3000 qualified Massage Therapists and students in Australia. Around 8% of AMT members provide mobile remedial massage (in-home and corporate) services to clients.**

However, not all private health insurers recognise these services for the purpose of health fund claiming. For example, Australian Regional Health Group (ARHG) recently informed AMT that it does not recognise mobile massage therapy because the service does not meet its "minimum quality of practice requirements". Basically, what this means is that ARHG will not rebate services that **do not** take place in a clinic with patient reception, a waiting room, treatment room and toilet facilities.

AMT challenged ARHG's position on the basis that it may discriminate against fund members who are house-bound, immobile, elderly, disabled or vulnerable. Somewhat confusingly, the fund responded that some individual funds under its umbrella may still recognise mobile remedial massage treatments and advised that members contact their health fund directly for clarification on whether their mobile treatment is claimable.

Other private health funds, such as Medibank/AHM, have facilities requirements which may also preclude claims for in-home remedial massage services.

**AMT strongly advises that you call your health fund to confirm whether you can claim your in-home or corporate remedial massage. Make sure you let your health fund know how much you value this service.**

