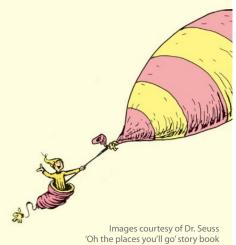


When:

# 2021 pre-conference interactive workshop



Workshop cost: \$70 members

\$100 non-members

Time: 10.30am - 1.00pm AEDT

Saturday 23 October 2021

Where: Online via Zoom

Reward: This workshop will be eligible for around 3 hours of professional development

#### **ABOUT THE WORKSHOP**

### Working with the scapula to improve shoulder girdle function

Improving freedom and coordination of shoulder blade movement is key to affecting shoulder pain, neck and back issues, and headaches.

In this virtual workshop you'll learn:

- Assessments that indicate where to focus interventions
- Key hands-on techniques for freeing scapular movement
- Verbal cues for shifting habitual shoulder girdle use
- Movement exploration for self-care and client education.

This interactive workshop will include theory, instructor demos, and supervised practice. As you try out the techniques with a friend or colleague, you'll be able to ask questions and get feedback from instructors. Presentation handouts will be provided for review before class.

#### **ABOUT THE PRESENTERS**





Larry Koliha & Bethany
Ward are instructors at the
Rolf Institute® of Structural
Integration and Lead
Instructors for AdvancedTrainings.com's Advanced
Myofascial Techniques series.
They teach internationally
and share a full-time private
practice, ActionPotential, in
North Carolina, USA.

Larry's clear, knowledgeable, and good-natured teaching style consistently delights students. As a former engineer, he brings a wealth of experience to his courses, combining his talent for seeing how parts work together with an emphasis on sustainable body use, sensitive touch and appropriate pacing. More at <a href="https://www.rolfworld.com">www.rolfworld.com</a>

Bethany co-chairs the Rolf Movement department, is on the Leadership Council for the International Somatic Movement Education and Therapy Association and is past-president of the Ida P. Rolf Research Foundation. Bethany is adept at making complex ideas understandable, relevant and accessible. More at <a href="https://www.rolfusa.com">www.rolfusa.com</a>

## Click here

Workshop registration

## for online registration

#### **AMT REFUND POLICY**

- Cancellation less than 2 weeks but more than 1 week Administration fee of \$25
- Cancellation less than 1 week less 50%
- No refund will be given after the event

