

CELEBRATING

60
YEARS



• 2026 AMT ANNUAL CONFERENCE •
• REFLECTIONS IN PRACTICE •

AMT is holding its 60th anniversary conference celebrations in Sydney on Saturday October 10 at The Saltbox in Surry Hills, Sydney.

We warmly invite massage therapists, educators, researchers and industry leaders to submit proposals for a **15-minute conference presentation**.

We are seeking presentations that thoughtfully explore learning gained through practice, experience, challenge, change or inquiry, and that offer meaningful insights relevant to contemporary massage therapy practice. Submissions are encouraged from practitioners at all stages of their careers and from a wide range of practice contexts.

The theme “Reflections in Practice” recognises that reflection is central to professional growth, ethical practice and the ongoing evolution of massage therapy.

Accepted presenters will receive complimentary conference admission. Travel and accommodation costs are the responsibility of the presenter.

We also welcome proposals from those joining via our virtual/online component. Please indicate your intended mode of attendance in your submission.

What we mean by Reflections in Practice

Reflections may be clinical, educational, research-informed, philosophical or practice-based, provided they are grounded in professional experience and offer clear learning outcomes.

Presentations may reflect on (but are not limited to):

- clinical decision-making and professional judgement
- learning from complex, unexpected or challenging cases
- integrating evidence into real-world practice
- reflecting on scope of practice, boundaries and ethics
- professional identity and the evolving role of massage therapy
- interdisciplinary practice and collaboration
- cultural safety, trauma-informed care and inclusive practice
- practitioner wellbeing, sustainability and longevity in practice

- teaching, supervision or mentoring experiences
- innovation, adaptation or change in response to emerging challenges
- lessons learned from research, quality improvement or evaluation activities
- reflecting on mistakes, uncertainty or practice limitations (where appropriate and ethical).

AMT will provide technical support, feedback and assistance with developing the presentation for applicants who may be less confident about making the leap into presenter mode.

Presentation format

- **15-minute presentation** which must include reflections and key learnings
- Focus on applied insights and relevance to massage therapy practice
- Presentations should be reflective rather than promotional
- Evidence-informed approaches are encouraged.

Submission requirements

Submissions must include:

1. Title of Presentation

2. Abstract (maximum 300 words)

The abstract should clearly outline:

- the focus of the reflection
- context or background (e.g. practice setting, experience, issue explored)
- key insights or learning arising from the reflection
- relevance to massage therapists and the wider profession

3. The Key Takeaway Messages (pearls of wisdom)

Concise statements describing what attendees will gain from the presentation.

4. Presenter Details

- Name(s)
- Professional role and qualifications
- Brief biography (50–100 words)

5. Mode of attendance.

Please indicate whether you are planning to attend in person or virtually.

Selection criteria

Submissions will be reviewed based on:

- relevance to the session theme **Reflections in Practice**
- clarity and coherence of the proposed presentation
- professional relevance and applicability
- reflective depth and insight
- contribution to professional learning and discussion
- diversity of perspectives, settings and experiences.

Ethical and professional expectations

Presentations must:

- maintain client confidentiality and anonymity
- reflect ethical, professional and culturally safe practice
- remain within scope of practice
- avoid promotional or commercial content.

We encourage submissions from:

- practising massage therapists
- educators and trainers
- researchers and clinician-researchers
- students and early-career practitioners
- therapists from diverse settings, communities and backgrounds.

How to submit

Submit your proposal by email to info@amt.org.au with the subject line "Conference Presentation Submission" by **Friday 10 April 2026**. Submissions received after this date may not be considered.

Successful applicants will be notified by May 8.

For queries, please contact [AMT Head Office](#).

We look forward to receiving your proposals and celebrating 60 years of AMT together.