

# AMT Media Release

## March 1, 2023

### The Association of Massage Therapists launches its 2023 mentoring program

AMT is excited to announce that applications are open for its annual mentoring program. The program provides an opportunity for new massage therapists to receive guidance and support from experienced professionals, and for experienced therapists to give back to the profession.

AMT has partnered with Art of Mentoring to provide an online platform with training and resource materials, a matching process, and an administration/communication portal to facilitate the mentee/mentor journey. The program runs for 6 months, from April through to October each year. Between 20 and 30 mentoring pairs complete the program.

“Our annual mentoring program is an excellent way for massage therapists to gain valuable insights, knowledge and support from their mentors and for mentors to help build the profession,” said program manager, Katie Snell. “AMT believes that mentoring is a crucial part of professional development, and we are proud to offer this formal program exclusively to our members.”

Previous participants have praised the program in glowing terms. “I came into the program thinking it’s only a small outlay and if I make that money back, it’s worth it,” said 2022 mentee Kylie Zipf. “What I received back from my mentor and this program has just propelled me so far along and has set me up for success. I have a lot of respect for both my mentor and the AMT mentoring program. I know that my future success will be directly related to the support that I received.”

However, it is not just mentees who benefit from the program. AMT member Zee Jung has volunteered as a mentor across four intakes now. “Overall, this is just a great platform for self-development, as well as sharing and encouraging other therapists,” Zee said. “I started to evaluate myself, whether I can communicate well and understand other therapists. I realised that I had so much to share and could give my mentee a different perspective. To be able to share and listen is, in itself, encouragement”.

Applications for the 2023 intake close on March 27. For more information please visit:

<https://www.amt.org.au/members/mentoring.html>

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