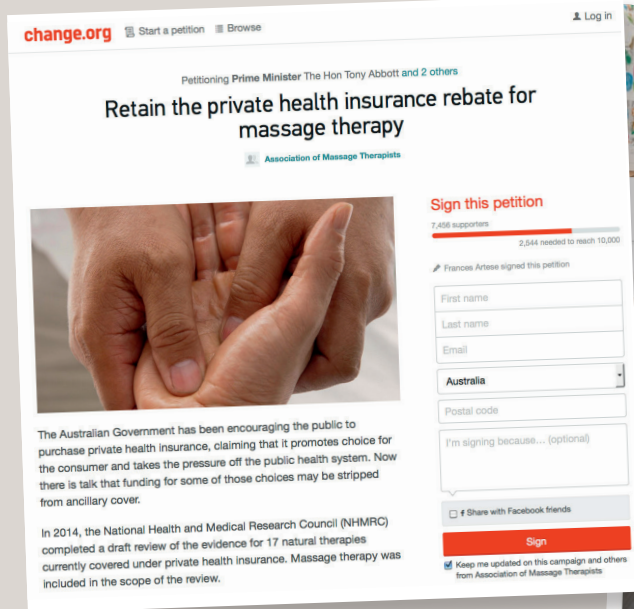


TABLE TALK

www.amt.org.au

AMT NEWSLETTER

- April 2015



Retain the Rebate Campaign

This year, AMT launched a petition and regional media campaign to 'Retain our Rebate'. The aim of this campaign is to highlight the concern of both massage practitioners and clients about the potential axing of the Federal Government rebate for natural therapies. To date, the petition has garnered more than 7400 signatures, and the regional media campaign has generated five articles in regional newspapers around Australia.

The petition can be accessed here:

https://www.change.org/p/the-hon-susan-ley-retain-the-private-health-insurance-rebate-for-massage-therapy?recruiter=58441199&utm_campaign=signature_receipt&utm_medium=email&utm_source=share_petition

Please sign and share with your clients. It is also worth visiting the page to read some of the more than 2000 heartwarming comments from massage therapy clients about the health benefits they receive from massage therapy.

You can check out the news coverage of the campaign by following the links below.

The Penrith Western Weekender interviewed AMT president Annette Cassar (see p12):

<http://issuu.com/weekenderpenrith/docs/wwapril3>

Port News interviewed Port Macquarie AMT member Jan Crombie:

<http://www.portnews.com.au/story/2989498/push-to-keep-massage-therapy-private-health-rebate/?cs=257>

The Advocate interviewed Tasmanian AMT member Wendy Elmer:

<http://www.theadvocate.com.au/story/2967836/pressure-on-massage-therapy-business-if-rebate-lost/?cs=87>

The Armidale Express interviewed AMT members Jennifer Hanlan and Daniel Alter:

<http://www.armidaleexpress.com.au/story/2956700/rebate-threat-a-pain-the-neck/?src=rss>

The Sunshine Coast Daily interviewed AMT member Lesley Carter, and subsequently published a letter from an oncology massage client about the importance of retaining the rebate for massage therapy. The article is not available online but a PDF version can be accessed via the AMT Facebook page and the AMT Facebook group. The letter can be viewed here:

<http://www.sunshinecoastdaily.com.au/news/cancer-sufferer-argues-massage-therapy-does-work/2573120/>

Join AMT on Social Media

AMT has ramped up its social media presence over the last few months. We are proud to announce that AMT has launched a brand new public Facebook page. Check it out (and don't forget to 'like' it) for all the latest in massage/AMT news: <https://www.facebook.com/amtaustralia>

We have also been building our AMT Facebook group as an important resource for members. The group page is updated daily and packed full of news and tips including updates on the latest massage research, news coverage of massage (the natural therapies review has been a hot topic over the last few months), links to self-care tips, and resources for clients for you to share on your own small business pages. It is also a great space to network with colleagues, ask questions, and join in on the conversation. You can access the group here:

<https://www.facebook.com/groups/amtnetworking/>

And don't forget to join Team AMT in the Twitter-sphere:

<http://www.twitter.com/RamblingAMT>

AMT Code of Practice update

It is more than two years since AMT launched the first edition of the Massage Therapy Code of Practice. Since that time, there has been a surprising amount of legislative change that was obviously not reflected in the original Code. Some of these changes include the introduction of a Code of Conduct for Unregistered Health Practitioners in South Australia and new Working with Children check procedures and requirements in several states.

The AMT Ethics Committee has just completed a comprehensive review of the AMT Code of Practice to reflect all the changes in legislation that have occurred since the release of the Code. The new electronic version also includes hyperlinks to relevant Acts, supporting documentation and policy to make it quicker and easier to access relevant information within each of the Standards.

We strongly recommend that you take some time to review the revised Code of Practice, to ensure ongoing compliance with legislative requirements and benchmark professional standards. You can download the new version here: <http://www.amt.org.au/members/code-of-practice.html>

Natural Therapies Review

The government's original April 1 deadline for rolling out new policy in connection with the Natural Therapies Review has now quietly slid by (not with a bang but a whimper?).

After receiving a disappointing response to our letter requesting a timeframe for the decision on the NHMRC findings, AMT wrote to the Health Minister's office a second time, again requesting some specific commitment to a likely date for policy change (letter reprinted below). Incredibly, the Minister's Office sent back exactly the same response to AMT's second letter. The only distinguishing feature was a different signatory, slightly higher up in the bureaucracy.

In the meantime, AMT emailed the comments from the AMT petition to the Minister's Office – 160 pages of clients speaking passionately and sincerely about the sometimes life-changing benefits of massage therapy. The AMT petition continues to garner support and comments from members of the public who use massage therapy to manage a range of health conditions.

AMT contacted the health minister's office by phone last week to ask if the government intended to make a public announcement soon. We were told that the NHMRC review was still "under consideration" and that there would be a decision "in due course, hopefully sooner rather than later".

AMT will continue to put pressure on the Health Minister's Office to provide some certainty around the likely outcome of the review. In our communications to date, we have stressed the potential impact on members' businesses if the government rebate is axed.

We will continue to keep you informed of any developments.

Dear Minister,

Thank you for your correspondence regarding the NHMRC review of natural therapies. AMT is fully aware of the background to the review and was intimately involved in the review process. AMT provided a 200-page submission to the CMO, Professor Chris Baggeley, and presented to the Natural Therapies Review Advisory Committee in May 2013. You can access AMT's submission here:

<http://www.amt.org.au/downloads/submissions/CMO-submission-PHIR.pdf>

AMT represents over 2000 therapists who would be impacted if the government rebate on private health insurance is withdrawn. This figure only represents a tiny portion of the thousands of privately insured Australians who regularly claim insurance rebates on massage therapy.

In January, AMT launched a petition to retain the government rebate on massage therapy. At the time of writing, the campaign had garnered 6734 supporters. It clearly underscores the extent to which Australians value their capacity to claim the services provided by massage therapists under private health insurance:

<http://www.bit.ly/amtpetition>

As per AMT's January 15 correspondence, I write to ascertain the Department's timetable for review of the NHMRC findings. I am mindful of the fact that the original April 1 deadline for possible policy changes is just over a month away.

Since the decision will have such far-reaching consequences for both massage therapists and their clients, any concrete information you could provide regarding the Department's timetable for making a decision would be greatly appreciated.

Facebook for Small Businesses

There are literally millions of reasons to have a Facebook page for your small business. If Facebook was a country, it would be the third-largest in the world. It has 1.400 million global users and more than 400 million members. On Facebook you can easily add features that are harder to implement on your website: you can build a custom page, and run contests and promotions. Plus, Facebook is free.

The potential reach of a Facebook page is huge, as half of its users log in every day. Facebook studies show that people interact with their favorite brands on Facebook more than on any other social network, are more likely to recommend a brand after becoming a fan of it on Facebook, and are more likely to purchase a product or service after becoming a fan. In addition, anyone outside Facebook can view your Facebook page because search engines index it.

But simply having a Facebook page for your small business does not automatically guarantee you access to the millions of users. The average Facebook user 'fans' (or 'likes') four pages per month – which is not a lot, considering how many businesses, causes, and organisations we come into contact with on a regular basis. So if you want your Facebook fan base to grow, you need a robust approach for promoting your Facebook business page.

Here are a few easy-to-follow tips to boost your following:

1) Keep your page updated

A little bit of housekeeping on your page can add lots of value. Make sure that your hours of business and contact information are all up to date. It's also a good idea to update your page's cover photo regularly. These little steps let visitors know that your page is an active extension of your business.

2) Post regularly

A steady rhythm of posts in the days before a big event can help keep your business top-of-mind to customers. But don't restrict yourself to just self-promotional posts. Also consider posting content that gives people some kind of extra value. For instance, you can highlight other great businesses nearby, or share interesting content that relates to your business.

3) Add rich content to your posts

Studies have shown there is little correlation between how frequently you post to the wall and the total number of fans. However, there is a correlation between the amount of other content such as links, photos and videos and the number of fans. Therefore, if you want your fan base to grow, you must move beyond the simple wall posts and add multimedia content.

4) Engage your followers

Facebook's algorithm-driven news feed means that just because someone is your fan, it does not mean they will see your wall posts or status updates. A person's news feed is based on their past interactions with content and the interactions of their friends with that content. This means that engagement with content is imperative – posts need to get comments, likes and shares to get seen. Start paying attention to your content engagement scores within your Facebook analytics to find out what types of content work best for your page. (For more tips, see 'Engagement Ideas')

5) Give audiences a reason to follow you on Facebook

What reason do audiences have to follow a company on Facebook? Are they entertained? Can they get questions answered? Can they see things others can't? Use Facebook to make followers feel personally involved with your business, for example, by giving them access to exclusive deals and content such as discounts on massages or health tips.

Engagement ideas

Fill-in-the-blank posts: The blanks are essentially 'platforms' for people to share their creativity. These types of posts often garner fun and short comments, which then encourage your audience to react and interact. For example: Tell us in one word: The best massage move is ...

Photo captions: Post a photo and ask your fans to come up with a caption.

Questions: Most page admins make the mistake of updating their wall without putting much thought into adding a description or ending the description with a question. Asking questions is probably one of the easiest methods to get followers to comment and share their thoughts. Without asking a question, people might just read the article and move on.

Tips: Tips are ideas that followers are able to consume and implement easily. A tip is engaging because it gives value to your audience and therefore makes them more likely to react.

Quotes: Quotes are one of the easiest and most popular ways to get likes and shares on Facebook. They tend to get more shares and likes compared to comments because quotes are often inspirational, making it personal in nature.

6) Have different content for your different social media accounts

It's pretty obvious when companies are copying and pasting the same content to multiple social-media platforms. However, what works well for Facebook may not translate well to Twitter, and audiences can usually tell when everything is the same. It's fine to have overlap, and branding should be consistent, but gear posts for specific sites.

7) Have content that is relatable

If content is too promotional, it can be off-putting. Your business should have a voice that comes across as real, human and relatable. The best part of social media is the ability to have fun with it. For example, don't be afraid to poke fun at yourself, share jokes, and add humour to your posts.

8) Try a Facebook Offer

Posting special offers or discounts is a great way of offering your clients even more value. You can start by offering a discount to people that mention Facebook when they book in for their next massage. Or, if you're looking for more reach, [Facebook Offers](#) make it easy for you to distribute your promotions to an audience beyond your fan base. And they make it easy for people to redeem your offers, too — when people click to claim your offer they get an email reminder containing all the necessary details on how to redeem it.

Did you know?

The AMT Code of Practice states: Massage therapists should not interact with clients via personal social media accounts or pages. This includes accepting friendship requests from clients on Facebook. Social media interactions with clients should be restricted to pages that exclusively promote business/clinical activities.

9) Partner up

Find businesses with complementary offerings to yours -- for example, you might form an alliance with a personal trainer or a yoga teacher. Find businesses with the same amount of likes and approach them with an offer to cross promote your businesses, whether it be a joint offer, a competition or a mention. It's the easiest way to double your following.

10) Make use of the the AMT Facebook resources

Visit the [AMT Facebook page](#) (don't forget to 'like' it!) and join the [AMT Facebook group](#) to access up-to-date massage information and resources to share on your personal business page.

Riverina

by Jodee Shead

The Riverina branch began the year with a meeting in Echuca, followed by a Sinus and Headache workshop presented by Jodee Shead.

Our next workshop will be Direct Release Myofascial Technique: The ankle, lower leg, chest and shoulder, head/mouth/ears. This two-day workshop will be presented by Michael Stanborough at the Echuca Uniting Church lower hall on May 16-17. Cost will be \$200 per member and \$250 for non-members. Our AGM will be held at Echuca on the May 16 from 5pm (directly after the first day of our two-day workshop). For more information please contact Kay Fredericks on kfredericks52@hotmail.com or Jodee Shead on moweld@bigpond.com

We have two more meetings scheduled for later in the year: an evening meeting on August 21, 7pm at Shepparton hosted by Lance Boyd, and a lunch/meeting on November 15, 12pm at Cobram hosted by Roger and Kathryn Sim.

Illawarra

by Linda White

For our first presentation evening for the year, two local AMT members contributed their expertise about conditions and treatments for the elbow, forearm, wrist and hand. The workshop included a strong practical component comprised of corrective exercises, stretching and strengthening, self-care and massage.

AMT Illawarra will hold its next formal meeting on Tuesday, 28 April in the Bottlebrush Room, Corrimal Community Centre, Short Street Corrimal commencing at 7pm. Any inquiries should be directed to Linda White on 0417 671 007 or by email to lindamassage@bigpond.com

AMT Illawarra's next presentation event will be on Tuesday, 27 May from 7pm (contact Linda for venue information). Local osteopath and pain management educator, Dr Terry Stewart will deliver a session on Shoulder Pain and the Rotator Cuff.

Later in the year, we have organised for local physiotherapist/exercise physiologist Matt Whalan to talk to the branch about the relationship between trunk muscles and lower back pain, in particular, the relationship between the transverse abdominis, obliques and multifidus. Date and venue to be advised.



AMT members enjoyed Ron Phelan's 'The Essential TMJ' workshop at the AMT 2015 AGM in March (photo supplied by Fred Lederer).

Sunshine Coast

by Lesley Carter

The AMT Sunshine Coast branch kicked off the year with a one-day workshop by Mark Deal, which focused on the knee and ankle.

Our next workshop is scheduled for June 14 from 9.30am to 1pm (contact Head Office for venue address). Sports injury expert Gary Little, who is author of 'Shattering the Pain Myth: How you can live a pain free life now', will speak to us about pain management. Gary has a revolutionary and holistic approach to eliminating pain, stiffness and injury. According to Gary, pain is a subjective experience unique to each individual and cannot be measured or proved to exist by x-rays or other diagnostic tests; furthermore, most pain and injury is not a medical condition, but a condition of stress and anxiety. Gary's presentation will cover the neck, shoulders, migraines, sciatica, fibromyalgia and how to deal with clients who have been on high dosage Lyrica for pain and are anxious about going off the medication. Massage tables are not needed, but please bring note paper and pens.

AMT has released its Research Round-Up - a summary of open access massage therapy research released over the preceding month, including hyperlinks to the full free text articles available online. Here is the latest list of current open access research:

The Effect of Massage Therapy on Psychological Outcomes in Patients after Cardiac Surgery: A Mini Review

Kavei P, Ebadi A, Moradian S, & Rahimabadi M (2014). *Int J Med Rev*, 1(4), 175-179.

Introduction: Due to the reduction of side effect costs, nowadays, non-pharmacological approaches such as massage therapy have been put to center attention by therapists. As a structured review, this research was undertaken with the objective of determining the effects of massage therapy on the patients' outcomes (pain, stress, anxiety and depression) occurring after heart surgeries.

Materials and Methods: In this Literature review, Searching was done by using keywords such as Massage Therapy, CABG, Patient Outcomes (Pain, Stress, Anxiety and Depression) at Academic databases such as PubMed, CINAHL/Nursing, Science Direct, and Scopus, during the years 2004 to 2014. Next, based on the relevance of the articles to the subject of our study and the opinions from the research team, relevant and appropriate articles were selected and analyzed contextually.

Results: Among 174 papers, 8 fully related papers to the subject of the research were ultimately selected. Massage therapy can lead to a reduction of pain, stress and anxiety in patients, as well as the reduction of need for sedatives in patients in line for heart surgeries.

Conclusion: Massage therapy is a safe and effective therapy in reducing and recovering psychological outcomes and pain in patients undergoing heart surgeries. Hence, the use of such non pharmacological approaches can be appealing to Clinical caregivers

<http://journals.bmsu.ac.ir/ijmr/index.php/ijmr/article/view/76/107>

Couples and cancer: Feasibility of brief instruction in massage and touch therapy to build caregiver efficacy

Collinge W, Kahn J, Yarnold P, Bauer-Wu S, & McKorkle R (2007). *J Soc Integ Onc*, 5(4), 147-154.

Abstract:

This study examined the feasibility of brief instruction in massage and touch therapy for caregivers ("partners") to provide comfort to cancer patients. Fifty partners and 49 patients participated. A longitudinal, within-subjects, repeated measures, control and intervention phases design used self-report instruments to assess feasibility via change in frequency, duration, partner-perceived self-efficacy, and patient-perceived helpfulness over a 90-day follow-up. Exploratory data were collected on psychosocial and quality of life variables. Focus groups provided qualitative data. A structured 6-hour workshop taught basic manual techniques for comfort and relaxation, followed by home practice. Significant increases in frequency (1.2 vs 2.7 times per week) and duration (4.7 vs 12.2 minutes) of massage, both $p < .001$, were sustained through the 3-month follow-up. Partners' perceived self-efficacy in massage and patients' ratings of its helpfulness more than doubled. Classification tree analysis found caregiver burden, relationship quality, and frequency and duration of practice to predict individual responses. Inhibitions about touch in cancer caregiving may lead to unnecessary physical and emotional distancing at a time when patients need touch the most. Brief instruction may be a feasible intervention to increase caregiver efficacy, patient satisfaction, quality of life, and quality of the relationship.

http://scholar.google.com/scholar_url?url=http://www.researchgate.net/profile/William_Collinge/publication/23668716_Couples_and_cancer_feasibility_of_brief_instruction_in_massage_and_touch_therapy_to_build_caregiver_efficacy/links/541885130cf2218008bf3f4a.pdf&hl=en&sa=X&scisig=AAGBfm3ixpUsqHQPqSxJiagChM088cebKQ&nossl=1&oi=scholaralt

The effect of massage therapy on depression, anxiety and stress in adolescent wrestlers

Zadkhosh S, Ariaee E, Atri A, Rashidlamir A, & Saadatyar A (2015). *IJSS*, 4.

Abstract:

In this study we examined the effects of massage therapy on depression, anxiety and stress in youth wrestlers. To do this test participated 24 wrestler that participations' age ranged from 15-18 years old. In doing so, we control the effects of massage therapy on experimental and control groups by DASS Inventory. During 10 sessions of treatment the experimental groups were received 25 minutes sports massage for every session. As shown MANOVA by comparison of Depression, Anxiety, and Stress scores between experimental and control groups and by control the pretest scores, indicated the significant different between scores of Depression ($P < 0.001$), Anxiety ($P < 0.001$), and Stress ($P < 0.001$) in experimental and control groups. The findings of this study indicate that massage therapy tangibly and significantly decreases the level of depression, anxiety and stress of wrestlers that this phenomenon can lead to mental health and thereby improve their performance.

http://scholar.google.com/scholar_url?url=http://ijssjournal.com/wp-content/uploads/2015/01/The-effect-of-massage-therapy-on-depression-anxiety-and-stress-in-adolescent-wrestlers.docx&hl=en&sa=X&scisig=AAGBfm3thNCO0GctewaQvHqeStBIFHoocQ&nossl=1&oi=scholaralrt

Comparative Effect of Massage Therapy versus Kangaroo Mother Care on Physiological Responses, Chest Expansion and Body Weight in Low Birthweight Preterm Infants

Rangey PS & Sheth M (2014). *Int J Ped*, 25(3).

Abstract:

Massage therapy (MT) and Kangaroo Mother Care (KMC) are both effective in increasing the weight of low birthweight preterm infants. However no comparisons have been made until now between the two.

Purpose: The aim of this study was to compare the effectiveness of MT and KMC on body weight, physiological responses and chest expansion of low birthweight preterm (LBWPT) infants.

Method: Using convenience sampling, 20 LBWPT infants from the Neonatal Intensive Care Unit of VS Hospital were randomly divided into 2 groups of 10 each. Group 1 received MT and Group 2 received KMC for 15 minutes, thrice daily for 5 days. Medically stable babies with gestational age < 37 weeks and birth weight < 2500 g were included. Those on ventilators and with congenital, orthopaedic or genetic abnormality were excluded. Outcome measures including body weight, physiological responses (heart rate, respiratory rate and body temperature) and chest expansion were taken pre-intervention on day 1 and post-intervention on day 5. Level of significance was kept at 5%.

Results: Data were analysed using SPSS version 16. Both MT and KMC were found to be effective in improving body weight ($p=0.005$, $p=0.007$), decreasing heart rate ($p=0.005$, $p=0.004$), respiratory rate ($p=0.018$, $p=0.004$) and body temperature ($p=0.005$, $p=0.007$), and improving chest expansion ($p=0.026$, $p=0.014$). However, while both were found to be equally effective for body weight ($p=0.341$), heart rate ($p=0.22$), respiratory rate ($p=0.969$) and chest expansion ($p=0.331$), MT was found to be better than KMC in decreasing body temperature ($p=0.003$).

Conclusion: MT and KMC were both found to be equally effective, though MT appeared better at decreasing body temperature.

Limitations: Factors that may affect the physiological responses and body weight were not monitored.

Implications: Massage Therapy and Kangaroo Mother Care can be used in the community for weight gain, improvement of chest expansion and regularisation of physiological responses among preterm infants.

<http://dcidj.org/article/view/290/223>

April 2015		CEUs
17-19	Oncology Massage Module One. Presented by Bronwyn Sutton. Wagga Wagga, NSW. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
18-20	Oncology Massage Module Two. Presented by Tania Shaw. Buderim, QLD. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
18-19	Myofascial Cupping. Presented by David Sheehan. Sydney, NSW. Contact 03 9481 6724 or info@comphs.com.au Register online www.comphs.com.au	70
18-19	Certificate of Pregnancy Massage. Presented by Catherine McInerney. Sydney, NSW. Contact 03 9571 6330. Email: info@pregnancymassageaustralia.com.au Web: www.pregnancymassageaustralia.com.au	70
21-23	Oncology Massage Module One. Presented by Hayley Moeller. Launceston, TAS. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
24-28	Neurostructural Integration Technique Basic. Presented by Robert Monroe. Brisbane, QLD. Contact 0448 428 020. Email: nstqld@gmail.com	70
May 2015		CEUs
2-3	Onsen Volume III Structural Assessment and Correction for the cervical and upper thoracic. Presented by Jeff Murray. Sydney, NSW. Contact 0427 310 510. Email: info@beyondmassage.com.au Web: www.beyondmassage.com.au	70
3	Arm and Hand Pain. Presented by John Bragg. Randwick, NSW. Contact 0410 434 092. www.johnbragg.com.au	35
8-10	Oncology Massage Module One. Presented by Lizzie Milligan. Randwick, NSW. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
9-11	Oncology Massage Module One. Presented by Tania Shaw. Buderim, QLD. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
12-14	Oncology Massage Module One. Presented by Deb Hart. Albany, WA. Contact Kylie Higgins 0408 077 123 www.oncologymassagetraining.com.au	105
14-16	Oncology Massage Module Two. Presented by Kate Butler. Northcote, VIC. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
16-17	Onsen Volume I Structural Assessment and Correction for the lumbar, pelvis and sacrum. Presented by Jeff Murray. Kingscliff, NSW. Contact 0427 310 510. Email: info@beyondmassage.com.au Web: www.beyondmassage.com.au	70
16-17	Certificate of Pregnancy Massage. Presented by Catherine McInerney. Brisbane, QLD. Contact 03 9571 6330. Email: info@pregnancymassageaustralia.com.au Web: www.pregnancymassageaustralia.com.au	70
16-17	Chinese Cupping Therapy. Presented by Master Zhang Hao. Strathfield, NSW. Contact 0416 286 899. www.chihealing.com.au	70
16-18	Oncology Massage Module One. Presented by Tania Shaw. Coffs Harbour. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
16-20	NurtureLife® Pregnancy Massage Practitioner. Presented by Catherine McInerney. Brisbane, QLD. Contact 03 9571 6330. Email: info@pregnancymassageaustralia.com.au Web: www.pregnancymassageaustralia.com.au (5 day course includes Certificate of Pregnancy Massage)	175
18-20	NurtureLife® Pregnancy Massage Practitioner. Presented by Catherine McInerney. Brisbane, QLD. Contact 03 9571 6330. Email: info@pregnancymassageaustralia.com.au Web: www.pregnancymassageaustralia.com.au (3 Day Upgrade to Practitioner from Certificate)	105
22	Sciatica and Disc Issues. Presented by Til Luchau. Sydney, NSW. Contact Budiman 0402 059 570. Email: terraroza@gmail.com Register at www.terraroza.com.au	35
22-24	Oncology Massage Module One. Presented by Anne-Marie Halligan. Geelong, VIC. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
23-24	Pelvis, Hip and Sacrum Parts 1 & 2. Presented by Til Luchau. Sydney, NSW. Contact Budiman 0402 059 570. Email: terraroza@gmail.com Register at www.terraroza.com.au	70
24	Leg and Knee Pain. Presented by John Bragg. Randwick, NSW. Contact 0410 434 092. www.johnbragg.com.au	175
29	Evidence Based Relaxation Therapy: Physiological and Psychological Benefits. Presented by Dr Judy Lovas. Griffith, ACT. 9.00am -12.00pm. For bookings and more information please visit www.artandscienceofrelaxation.com	15

Calendar of events

9

30	Evidence Based Relaxation Therapy: Physiological and Psychological Benefits. Presented by Dr Judy Lovas. Thirroul, NSW. 9.00am -12.00pm. For bookings and more information please visit www.artandscienceofrelaxation.com	15
30-1/6/15	Oncology Massage Module Two. Presented by Tania Shaw. Cairns, QLD. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
31-2/6/15	Oncology Massage Module One. Presented by Bronwyn Sutton. Deniliquin, NSW. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
June 2015		CEUs
6-7	Onsen Volume II Functional Assessment and Correction of the lower body including lumbar and pelvic regions. Presented by Jeff Murray. Kingscliff, NSW. Contact 0427 310 510. Email: info@beyondmassage.com.au Web: www.beyondmassage.com.au	70
6-7	Certificate of Pregnancy Massage. Presented by Catherine McInerney. Perth, WA. Contact 03 9571 6330. Email: info@pregnancymassageaustralia.com.au Web: www.pregnancymassageaustralia.com.au	70
6-8	Oncology Massage Module One. Presented by Deb Hart. Nedlands, WA. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
12-16	Advanced Certificate in Integrated Cupping Therapy. Presented by Bruce Bentley. Sydney, NSW. Contact 03 9576 1787. www.healthtraditions.com.au	175
12-14	Master Class in Traditional East-West Cupping. Presented by Bruce Bentley. Sydney, NSW. Contact 03 9576 1787. www.healthtraditions.com.au	105
13-14	Neurostructural Integration Technique Introduction. Presented by Shayne Sullivan. Geelong, VIC. Contact 0417 011 192. Email: shaynesullivan1@gmail.com	70
13-14	Neurostructural Integration Technique Introduction. Presented by Wendy Eyles. Sydney, NSW. Contact 0412 417 719. Email: harmony4massage@gmail.com	70
15-16	Modern Cupping Therapy. Presented by Bruce Bentley. Sydney, NSW. Contact 03 9576 1787 www.healthtraditions.com.au	70
20-21	Muscle Balance Analysis Seminar. Presented by MBA Pain Relief Seminars - Al Skrobisch. Perth, WA. Email: kate@mbaseminars.net Ph: 0011 649 476 4949 Mob: 0011 642 7420 6147 Registration form and pricing available at www.mbaseminars.net/au	70
20-24	Advanced Certificate in Integrated Cupping Therapy. Presented by Bruce Bentley. Melbourne, VIC. Contact 03 9576 1787. www.healthtraditions.com.au	175
20-22	Master Class in Traditional East-West Cupping. Presented by Bruce Bentley. Melbourne, VIC. Contact 03 9576 1787. www.healthtraditions.com.au	105
21-22	Chi-Acupressure. Presented by Master Zhang Hao. Strathfield, NSW. Contact 0416 286 899. www.chihealing.com.au	70
21	Wetsuits, 'S' Bends, Bones and Pulses - treating superficial fascia. Presented by John Bragg. Springwood, NSW. Contact 0410 434 092. www.johnbragg.com.au	35
23-24	Modern Cupping Therapy. Presented by Bruce Bentley. Melbourne, VIC. Contact 03 9576 1787. www.healthtraditions.com.au	70
25-27	Oncology Massage Module One. Presented by Kate Butler. Northcote, VIC. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
25-27	Oncology Massage Module One. Presented by Hayley Moeller. Canberra, ACT. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
27-28	Muscle Balance Analysis Seminar. Presented by MBA Pain Relief Seminars - Al Skrobisch. Brisbane, QLD. Email: kate@mbaseminars.net Ph: 0011 649 476 4949 Mob: 0011 642 7420 6147 Registration form and pricing available at www.mbaseminars.net/au	70
27-29	Oncology Massage Module Two. Presented by Tania Shaw. Buderim, QLD. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
30	The Shoulder Online Workshop. Developed by Bradley Collins. Email: info@thetherapyweb.com Web: www.thetherapyweb.com This course can be started anytime throughout the year and can be completed at your own pace	25



PO Box 826
Broadway NSW 2007
Phone: 02 9211 2441
Fax: 02 9211 2281
e-mail: info@amt.org.au

www.amt.org.au