

TABLE TALK

www.amt.org.au

AMT NEWSLETTER

- July 2015

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Social media update

AMT's social media pages are coming along in leaps and bounds, and if you're not following us online, you are missing out on a lot of very cool resources. AMT has two Facebook presences, as well as a Twitter account (and now a YouTube channel!).

The AMT Facebook group is an online forum where therapists can ask industry related questions and be actively involved in discussing the latest massage-related issues. This group currently has more than 900 members, and is a vibrant space promoting community support, not to mention a great brains trust! Join the conversation at <https://www.facebook.com/groups/amtnetworking/>

The AMT public Facebook page is a space devoted to massage therapy information resources, including the latest in industry news and research. This space was launched earlier in the year, and is growing steadily. Many AMT members are already using the AMT public FB page to boost content for their own social media business pages. So if you're not already following us, or simply haven't visited in a while, jump onboard at

<https://www.facebook.com/amtaustralia>

And if you're yet to experience the joys of creating your own niche news service, it's time to get a Twitter account and follow AMT.

For those of you who think that Twitter is just about celebrity gossip, think again! It's a treasure house of breaking research, ideas and information. For example, AMT has recently engaged in some vigorous Twitter dialogue with our mates at Friends of Science in Medicine. We've also reported on the explosion of impositions. Need to know what that actually means? Of course you do ...

<https://twitter.com/RamblingAMT>.

AMT on YouTube

AMT has recently launched its very own YouTube channel. Check out our first video clip by conference presenter and AMT member Andrew Shepherd about the upcoming conference: <https://www.youtube.com/channel/UCRJENFpS1dZl66oTSH4UIRw>

Stay tuned for more great AMT resources in this space.

AMT in print in the IJTMB

A workforce survey that AMT undertook in 2010 is featured in the current edition of the International Journal of Therapeutic Massage and Bodywork (IJTMB).

The research article, titled "Practice and research in Australian massage therapy: a national workforce survey", appears in the June 2015 issue of the open access journal. Sincere thanks to the 301 AMT members who took part in the survey back in 2010. You've helped to provide a platform for the current study with the Australian Research Centre in Complementary and Integrative Medicine (ARCCIM), which has now moved into its second phase (the patient arm). We're looking forward to sharing the results of that study with you soon.

You can download the full IJTMB article [here](#).

2015 AMT Regional Mini Conference

Registration is now open for the AMT Regional Mini Conference, on Oct 30 – Nov 1. Join us on the stunning Coffs Coast for a program of 2-day workshops and an optional 1-day post conference workshop.

You can download the conference brochure [here](#).

To register for the conference download and complete the conference registration form [here](#).

Be quick! Places are limited.

AMT student competition

Calling all student massage therapists – AMT is giving student members the chance to win a ticket and accommodation to its 2015 Regional Mini Conference.

The challenge? AMT is running a 'Marketing Massage' YouTube competition. To enter, we are asking students to make a short video clip promoting massage therapy and the massage therapy industry. Entries will be uploaded onto AMT's new YouTube channel, and promoted via AMT's social media and webpage.

For more information on how to enter, visit <http://www.amt.org.au/downloads/news-items/Student-comp-conference-prize.pdf>

NMTAW 2015

After the success of last year's regional 'Connecting with Community' events, AMT will again be celebrating National Massage Therapy Awareness Week (NMTAW). The 2015 NMTAW campaign (September 7-13) will focus on spreading the word about the benefits of massage therapy via online and social media environments. Stay tuned for more updates soon and, in the meantime, don't forget to add the dates to your diary.

Meet the AMT Directors: Derek Zorzit

In this edition of *Table Talk*, we chat to long standing AMT Director, Derek Zorzit. Derek is a member of the ACT regional branch, and has current clinical expertise as a massage practitioner and rehabilitative fitness consultant. Derek shares his experiences - not to mention his sense of humour - about the ups and downs of life on the Board ...



What is your massage training?

I was assessed into AMT prior to the introduction of National Competency Standards. I have a degree in Sports Science and have studied several courses through the Australian Institute of Sport under head Olympic Massage Therapist, Wayne Clews. I have also studied a number of Onsen (MET) courses.

Tell us about your massage business.

I started massaging in 1994 and haven't looked back.

Before becoming a massage therapist, I was a personal and fitness trainer. Now my business incorporates both fitness training and massage – I find the two really complement each other. Our company, which I now run, has seven staff, including exercise therapists and remedial massage therapists. We specialise in rehabilitation for both exercise and massage, and currently have contractual arrangements with the Australian Federal Police and Comcare.

How long have you been a board member?

Eight years. Eight L-O-N-G years. But seriously, I am proud to have been a board member for such a long time.

Why did you decide to join the AMT board?

Is it wrong to say I was tricked into becoming an AMT board member? If not, then I was tricked into becoming a board member. If it is wrong to say it... (I was tricked into becoming a board member... bloody Alan and Beck!)

On a serious note... I was tricked. BUT... it was at a time when the AMT was in a real pickle and desperately needed board members and no one else was putting their hands up, so joining the board was a necessity for the AMT to continue on its path.

What do you bring to the AMT board?

I'm not sure how to answer that one. I like to hug the other board members and especially squeeze and lift Beck, so hugging. I guess I'm pretty relaxed and fairly friendly and a bit of a stirrer, so I would say I've brought a little "lightness" into the board... and introduced Black Russians. Is that bad?

What are your specific roles on the AMT board?

I am a member of the finance and discipline committees. These duties can take up many hours, especially when there is a discipline issue. I am lucky that Dave (who is also on the finance committee) takes care of most of the finance stuff... thanks Dave! ☺. The hours really do depend on what's going on at the present time within the board, but it ranges from a few hours to many hours a month.

What are the rewarding aspects of being on the board?

In general, I find the duties very rewarding. More specifically, implementing the Code of Practice was a major achievement (which, by the way, took many, many hours and a lot of reading and meetings). But at the end of the day, we now have developed a great set of guidelines that can be used for Government, insurance, and private practice.

I have been a massage therapist for 20 years now. I feel it is good to give back a little, especially when I now see how much work goes into the association behind the scenes. Being on the Board gives me that opportunity to give something back and it makes me feel good to be able to do so.

The challenging aspects?

There's not a lot I don't like about being a board member. There are some days when we have late night teleconferences that can drag on and cut into family time. But this is only once every six weeks or so, so it's not much of an issue.

What does being an AMT board member give back to you?

Being a board member holds a professional responsibility. This responsibility has transferred into how I conduct my business dealings, and, in turn, has improved my business.

I don't think it hurts the CV being on a board. It generally means that you are a trustworthy person (stop laughing!), as it is a position of influence.

There's also a lot of comradeship. The AMT board is very close knit and spending time with the other members is always fun.

What do you think are the challenges facing the massage therapy profession?

Current issues with private health funds are a real challenge for the massage therapy industry. There also still seems to be a link between massage and the sex industry which is really hard to break.

In your mind, what is AMT's major achievement to date?

Two things spring immediately to mind. Without a doubt, the AMT Code Of Practice, which provides a formal framework for the safe and ethical practice of Massage Therapy in Australia.

And the fact that AMT is Australia's oldest running massage association is certainly something to be proud of. I look forward to continuing my role on the board, when we celebrate AMT's 50th birthday next year.

ACT

by Jessica Cameron

At our June meeting we held a DVD screening of 'Advanced Myofascial Techniques for the neck,' followed by a discussion. New committee member Irina, who is passionate about the importance nutrition, brought along a hearty winter soup for us all to enjoy, followed up by a yummy carrot cake.



ACT regional branch members enjoy a hearty meal at the June meeting.

At our next meeting on **August 30**, we will be participating in a Dru Yoga session, facilitated by ACT AMT member Shirley Campbell. The meetings are a great opportunity to network and share new ideas, so don't forget to mark this date in your diary.

The ACT branch committee would also like to flag that ideas are already in the pipeline for this year's National Massage Therapy Awareness Week in September.

Illawarra

by Linda White

AMT Illawarra meetings are continuing to grow in numbers. It is a great time to network and discuss new techniques and advancements in the field of massage therapy.

On Tuesday, 27 May we welcomed back local osteopath and pain management educator Dr Terry Stewart, who delivered a session on *Shoulder Pain and the Rotator Cuff*. Participants reported the night to be informative, motivating and educational but would have liked more time to do the practical assessments.

Two of our local AMT members, Patricia Colvin and Leanne Formica, have once again volunteered to present an evening of *Massaging Techniques for Foot and Ankle Care* on **Tuesday, 28 July** at Corrimal Community Centre starting at 7pm.

On the **last Tuesday in September**, local physiotherapist and exercise physiologist, Matt Whalan will take us through the trunk muscles in relation to lower back pain. The evening will be held at Figtree physiotherapy clinic, 155 The Avenue, Figtree commencing at 7pm. Car parking is available on site.

AMT Illawarra will hold its next formal meeting on **Tuesday, 25 August** in the Bottlebrush Room, Corrimal Community Centre, Short Street Corrimal commencing at 7pm. Any inquiries should be directed to Linda White on 0417 671 007 or by email to lindamassage@bigpond.com

Mid North Coast

by Kristy Baird

Over the past few months, the Mid North Coast branch members have been involved in the Ironman Australia Triathlon and the Port Macquarie Relay for Life.

In early May, members volunteered at the 30th anniversary of the Ironman, performing post-event massage to some of the 2000+ competitors. I would like to extend a big thanks to all those members who have managed and supported the event year after year.

In late May, branch members joined together to enter a team in the Hastings Relay for Life. Well done to those who did the overnight shift.



Members from AMT Mid North Coast branch at the Relay for Life event.

Our Branch meets bi-monthly at HeadSpace on Short St in Port Macquarie.

Branch enquiries can be directed to Kristy Baird AMTMNCBranch@yahoo.com

Sunshine Coast

by Lesley Carter

At our June workshop author Gary Little talked about his book, *Shattering The Pain Myth*. Members were surprised to hear that pain management costs a massive \$37 billion every year. Gary challenged us to consider the emotional causes of pain, which can be stored in the soft tissue. It was a thought provoking session appreciated by all attendees.

Our next meeting is on **August 9**. Dr Mark Deal will conduct a full day introduction to dry skin needling. Participants are advised to brush up on trigger point therapy before the session. Each attendee will need to provide a massage table and towels as per usual practical workshops. RSVP before the end of July is essential.

Our final workshop for 2015, which is also our AGM, will be on **October 11**. This will be a full day workshop.

Important note from AMT

AMT does not recognise introductory dry needling trainings as adequate preparation for dry needling practice. You can read AMT's position statement on dry needling here: <http://www.amt.org.au/downloads/position-statements/AMT-Position-Statement-Post-Graduate-Dry-Needling-workshops.pdf>

Please also review AMT's Standard for Dry Needling here: <http://www.amt.org.au/downloads/practice-resources/AMT-code-of-practice-final.pdf>

AMT has released its Research Round-Up - a summary of open access massage therapy research released over the preceding month, including hyperlinks to the full free text articles available online. Here is the latest list of current open access research:

Practice and research in Australian massage therapy: a national workforce survey

Wardle JL, Barnett R, Adams J.

Int J Ther Massage Bodywork. 2015 Jun 9;8(2):2-11. eCollection 2015 Jun.

Massage is the largest complementary medicine profession in Australia, in terms of public utilisation, practitioner distribution, and number of practitioners, and is being increasingly integrated into the Australian health care system. However, despite the increasing importance of massage therapists in Australian health care delivery, or the increased practice and education obligations this may entail, there has been little exploration of practice, research, and education characteristics of the Australian massage therapist workforce.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4455611/>

Concussion Treatment Using Massage Techniques: a Case Study

Burns SL.

Int J Ther Massage Bodywork. 2015 Jun 9;8(2):12-7. eCollection 2015 Jun.

Concussion, its recognition, diagnosis, and treatment is a growing public health issue. Massage practitioners who specialize in rehabilitation deal with a variety of injury cases that involve concussion, including those incurred by falls, motor vehicle incidents, and sports injuries.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4455610/>

Comparing the effects of self-myofascial release with static stretching on ankle range-of-motion in adolescent athletes

Škarabot J, Beardsley C, Štirn I.

Int J Sports Phys Ther. 2015 Apr;10(2):203-12.

Increased flexibility is often desirable immediately prior to sports performance. Static stretching (SS) has historically been the main method for increasing joint range-of-motion (ROM) acutely. However, SS is associated with acute reductions in performance. Foam rolling (FR) is a form of self-myofascial release (SMR) that also increases joint ROM acutely but does not seem to reduce force production. However, FR has never previously been studied in resistance-trained athletes, in adolescents, or in individuals accustomed to SMR.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4387728/>

Complementary and Alternative Therapies for Autism Spectrum Disorder

Brondino N, Fusar-Poli L, Rocchetti M, Provenzani U, Barale F, Politi P.

Evid Based Complement Alternat Med.

2015;2015:258589. doi: 10.1155/2015/258589. Epub 2015 May 7. Review..

Background: Complementary and alternative medicine (CAM) represents a popular therapeutic option for patients with autism spectrum disorder (ASD). Unfortunately, there is a paucity of data regarding the efficacy of CAM in ASD. The aim of the present systematic review is to investigate trials of CAM in ASD. **Material and Methods:** We searched the following databases: MEDLINE, EMBASE, Cochrane Database of Systematic Reviews, CINAHL, Psychology and Behavioral Sciences Collection, Agricola, and Food Science Source. **Results:** Our literature search identified 2687 clinical publications. After the title/abstract screening, 139 publications were obtained for detailed evaluation. After detailed evaluation 67 studies were included, from hand search of references we retrieved 13 additional studies for a total of 80. **Conclusion:** There is no conclusive evidence supporting the efficacy of CAM therapies in ASD. Promising results are reported for music therapy, sensory integration therapy, acupuncture, and massage.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4439475/>

Development of a Hospital-based Massage Therapy Course at an Academic Medical Center

Dion LJ, Cutshall SM, Rodgers NJ, Hauschulz JL, Dreyer NE, Thomley BS, Bauer B.

Int J Ther Massage Bodywork. 2015 Mar 1;8(1):25-30. eCollection 2015 Mar.

Massage therapy is offered increasingly in US medical facilities. Although the United States has many massage schools, their education differs, along with licensure and standards. As massage therapy in hospitals expands and proves its value, massage therapists need increased training and skills in working with patients who have various complex medical concerns, to provide safe and effective treatment. These services for hospitalized patients can impact patient experience substantially and provide additional treatment options for pain and anxiety, among other symptoms. The present article summarizes the initial development and description of a hospital-based massage therapy course at a Midwest medical center.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4353210/>

Salivary oxytocin concentrations in seven boys with autism spectrum disorder received massage from their mothers: a pilot study

Tsuji S, Yuhi T, Furuhashi K, Ohta S, Shimizu Y, Higashida H.

Front Psychiatry. 2015 Apr 21;6:58. doi: 10.3389/fpsy.2015.00058. eCollection 2015.

Seven male children with autism spectrum disorder (ASD), aged 8-12 years, attending special education classrooms for ASD and disabled children, were assigned to receive touch therapy. Their mothers were instructed to provide gentle touch in the massage style of the International Liddle Kidz Association. The mothers gave massages to their child for 20 min every day over a period of 3 months, followed by no massage for 4 months. To assess the biological effects of such touch therapy, saliva was collected before and 20 min after a single session of massage for 20 min from the children and mothers every 3 weeks during the massage period and every 4 weeks during the non-massage period, when they visited a community meeting room. Salivary oxytocin levels were measured using an enzyme immunoassay kit. During the period of massage therapy, the children and mothers exhibited higher oxytocin concentrations compared to those during the non-massage period. The changes in oxytocin levels before and after a single massage session were not significantly changed in children and mothers. The results suggested that the ASD children (massage receivers) and their mothers (massage givers) show touch therapy-dependent changes in salivary oxytocin concentrations.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4404976/>

Massage Impact on Pain in Opioid-dependent Patients in Substance Use Treatment

Wiest KL, Asphaug VJ, Carr KE, Gowen EA, Hartnett TT. Int J Ther Massage Bodywork. 2015 Mar 1;8(1):12-24. eCollection 2015 Mar.

Chronic pain is a common cause of health care utilization and high levels of pain are pronounced in individuals engaged in methadone maintenance treatment. Although massage has been demonstrated to alleviate chronic pain symptoms, its use as an adjunctive therapy to modify pain during opioid-replacement treatment is absent from the literature.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4353208/>

Early Intervention with a Parent-Delivered Massage Protocol Directed at Tactile Abnormalities Decreases Severity of Autism and Improves Child-to-Parent Interactions: A Replication Study

Silva LM, Schalock M, Gabrielsen KR, Budden SS, Buenrostro M, Horton G.

Autism Res Treat. 2015;2015:904585. doi: 10.1155/2015/904585. Epub 2015 Mar 24.

Tactile abnormalities are severe and universal in preschool children with autism. They respond well to treatment with a daily massage protocol directed at tactile abnormalities (QST massage for autism). Treatment is based on a model for autism proposing that tactile impairment poses a barrier to development. Two previous randomized controlled trials evaluating five months of massage treatment reported improvement of behavior, social/communication skills, and tactile and other sensory symptoms. This is the first report from a two-year replication study evaluating the protocol in 103 preschool children with autism. Parents gave daily treatment; trained staff gave weekly treatment and parent support. Five-month outcomes replicated earlier studies and showed normalization of receptive language (18%, $P = .03$), autistic behavior (32%, $P = .006$), total sensory abnormalities (38%, $P = .000005$), tactile abnormalities (49%, $P = .0002$), and decreased autism severity (medium to large effect size, $P = .008$). In addition, parents reported improved child-to-parent interactions, bonding, and decreased parenting stress (44%, $P = .00008$). Early childhood special education programs are tasked with addressing sensory abnormalities and engaging parents in effective home programs. Until now, they have lacked research-based methods to do so. This program fulfills the need. It is recommended to parents and ECSE programs (ages 3-5) at autism diagnosis.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4387906/>

Effects of massage on the anxiety of patients receiving percutaneous coronary intervention

Peng S, Ying B, Chen Y, Sun X.

Psychiatr Danub. 2015 Mar;27(1):44-9.

This study aimed to explore the effects of massage on the state anxiety of patients receiving percutaneous coronary intervention (PCI).

http://www.hdbp.org/psychiatria_danubina/pdf/dnb_vol27_no1/dnb_vol27_no1_44.pdf

Self-reported efficacy of cannabis and other complementary medicine modalities by Parkinson's disease patients in Colorado

Finseth TA, Hedeman JL, Brown RP 2nd, Johnson KI, Binder MS, Kluger BM.

Evid Based Complement Alternat Med. 2015;2015:874849. doi: 10.1155/2015/874849. Epub 2015 Mar 2.

Introduction: Complementary and alternative medicine (CAM) is frequently used by Parkinson's disease (PD) patients. We sought to provide information on CAM use and efficacy in PD patients in the Denver metro area with particular attention to cannabis use given its recent change in legal status. **Methods.** Self-administered surveys on CAM use and efficacy were completed by PD patients identified in clinics and support groups across the Denver metro area between 2012 and 2013. **Results.** 207 patients (age 69 ± 11 ; 60% male) completed the survey. Responses to individual CAM therapy items showed that 85% of respondents used at least one form of CAM. The most frequently reported CAMs were vitamins (66%), prayer (59%), massage (45%), and relaxation (32%). Self-reported improvement related to the use of CAM was highest for massage, art therapy, music therapy, and cannabis. While only 4.3% of our survey responders reported use of cannabis, it ranked among the most effective CAM therapies.

Conclusions: Overall, our cross-sectional study was notable for a high rate of CAM utilization amongst PD patients and high rates of self-reported efficacy across most CAM modalities. Cannabis was rarely used in our population but users reported high efficacy, mainly for nonmotor symptoms.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4363882/>

Manual lymphatic drainage for lymphedema following breast cancer treatment

Ezzo J, Manheimer E, McNeely ML, Howell DM, Weiss R, Johansson KI, Bao T, Bily T, Tuppo CM, Williams AF, Karadibak D.

Cochrane Database of Systematic Reviews 2015, Issue 5. Art. No.: CD003475. DOI:10.1002/14651858.CD003475.pub2.

More than one in five patients who undergo treatment for breast cancer will develop breast cancer-related lymphedema (BCRL). BCRL can occur as a result of breast cancer surgery and/or radiation therapy. BCRL can negatively impact comfort, function, and quality of life (QoL). Manual lymphatic drainage (MLD), a type of hands-on therapy, is frequently used for BCRL and often as part of complex decongestive therapy (CDT). CDT is a fourfold conservative treatment which includes MLD, compression therapy (consisting of compression bandages, compression sleeves, or other types of compression garments), skin care, and lymph-reducing exercises (LREs). Phase 1 of CDT is to reduce swelling; Phase 2 is to maintain the reduced swelling.

<http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD003475.pub2/epdf>

Preventing occupational stress in healthcare workers

Ruotsalainen JH, Verbeek JH, Mariné A, Serra C.

Cochrane Database of Systematic Reviews 2015, Issue 4. Art. No.: CD002892. DOI: 10.1002/14651858.CD002892. pub5.

Healthcare workers can suffer from occupational stress as a result of lack of skills, organisational factors, and low social support at work. This may lead to distress, burnout and psychosomatic problems, and deterioration in quality of life and service provision. The objective of this review is to evaluate the effectiveness of work- and person-directed interventions compared to no intervention or alternative interventions in preventing stress at work in healthcare workers. Physical relaxation (e.g. massage) was more effective in reducing stress than no intervention at one-month follow-up in four studies (SMD -0.48, 95% CI -0.89 to -0.08; 97 participants) and at one to six months follow-up in six studies (SMD -0.47; 95% CI -0.70 to -0.24; 316 participants). Two studies did not find a considerable difference in stress between massage and taking extra breaks.

<http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD002892.pub5/epdf>

July 2015		CEUs
17-19	Oncology Massage Module Two. Presented by Kate Butler. Launceston, TAS. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
17-19	Oncology Massage Module One. Presented by Bronwyn Sutton. Albury, NSW. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
18-19	Acu-Reflexology. Presented by Master Zhang Hao. Strathfield, NSW. Contact 0416 286 899. www.chihealing.com.au	70
19	Helping the Hamstrings. Presented by John Bragg. Randwick, NSW. Contact 0410 434 092 www.johnbragg.com.au	35
25-26	Neurostructural Integration Technique Introduction. Presented by Robert Monro. Brisbane, QLD. Contact 0448 428 020. Email: nstqld@gmail.com	70
25-29	Advanced Certificate in Integrated Cupping Therapy. Presented by Bruce Bentley. Townsville, QLD. Contact 03 9576 1787. www.healthtraditions.com.au	175
25-27	Master Class in Traditional East-West Cupping. Presented by Bruce Bentley. Townsville, QLD. Contact 03 9576 1787. www.healthtraditions.com.au	105
28-29	Modern Cupping Therapy. Presented by Bruce Bentley. Townsville, QLD. Contact 03 9576 1787. www.healthtraditions.com.au	70
31-2/8/15	Oncology Massage Module Two. Presented by Amy Tyler. Castle Hill, NSW. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
August 2015		CEUs
1-2	Modern Cupping Therapy. Presented by Bruce Bentley. Brisbane, QLD. Contact 03 9576 1787. www.healthtraditions.com.au	70
7-9	Oncology Massage Module One. Presented by Deb Hart. Hillier, SA. Contact Kylie Higgins 0408 077 123 www.oncologymassagetraining.com.au	105
9	Gua Sha Day. Presented by Bruce Bentley. Melbourne, VIC. Contact 03 9576 1787. www.healthtraditions.com.au	35
9	Wetsuits, 'S' Bends, Bones and Pulses - treating superficial fascia. Presented by John Bragg. Kiama, NSW. Contact 0410 434 092. www.johnbragg.com.au	35
13-15	Oncology Massage Module One. Presented by Kate Butler. Northcote, VIC. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
14-15	Onsen Volume III Structural Assessment and Correction for the cervical and upper thoracic. Presented by Jeff Murray. Kingscliff, NSW. Contact 0427 310 510 or info@beyondmassage.com.au www.beyondmassage.com.au	70
15-16	Neurostructural Integration Technique Introduction. Presented by Shayne Sullivan. Geelong, VIC. Contact 0417 011 192. Email: shaynesullivan1@gmail.com	70
15-16	Neurostructural Integration Technique Introduction. Presented by Wendy Eyles. Sydney, NSW. Contact 0412 417 719. Email: harmony4massage@gmail.com	70
15-17	Oncology Massage Module One. Presented by Tania Shaw. Rockhampton, QLD. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
15-16	Muscle Balance Analysis Seminar. Presented by MBA Pain Relief Seminars - Al Skrobisch. Melbourne, VIC. Contact kate@mbaseminars.net Ph: 0011 649 476 4949. Mob: 0011 642 7420 6147. Registration form and pricing available at www.mbaseminars.net/au	70
22-26	Advanced Certificate in Integrated Cupping Therapy. Presented by Bruce Bentley. Adelaide, SA. Contact 03 9576 1787. www.healthtraditions.com.au	175
22-24	Oncology Massage Module One. Presented by Amy Tyler. Castle Hill, NSW. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
22-23	Muscle Balance Analysis Seminar. Presented by MBA Pain Relief Seminars - Al Skrobisch. Sydney, NSW. Contact kate@mbaseminars.net Ph: 0011 649 476 4949. Mob: 0011 642 7420 6147. Registration form and pricing available at www.mbaseminars.net/au	70
22-24	Master Class in Traditional East-West Cupping. Presented by Bruce Bentley. Adelaide, SA. Contact 03 9576 1787. www.healthtraditions.com.au	105
25-26	Modern Cupping Therapy. Presented by Bruce Bentley. Adelaide, SA. Contact 03 9576 1787. www.healthtraditions.com.au	70

Calendar of events

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27-29	Oncology Massage Module Two. Presented by Hayley Moeller. Canberra, ACT. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
29-30	Hot Stone Massage Therapy. Presented by Master Zhang Hao. Strathfield, NSW. Contact 0416 286 899. www.chihealing.com.au	70
30	Curly Customers, Muscles that Confound. Presented by John Bragg. Springwood, NSW. Contact 0410 434 092. www.johnbragg.com.au	35
September 2015		CEUs
3-5	Oncology Massage Module Two. Presented by Kate Butler. Northcote, VIC. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
12-14	Oncology Massage Module One. Presented by Tania Shaw. Buderim, QLD. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
18-19	Onsen Volume IV Functional Assessment and Correction of the shoulder, neck and upper thoracic. Presented by Jeff Murray. Kingscliff, NSW. Contact 0427 310 510 or info@beyondmassage.com.au www.beyondmassage.com.au	70
25-27	CORE Myofascial Therapy 1. Presented by George Kousaleos. Sydney, NSW. Contact Budiman 0402 059 570 or terrarosa@gmail.com Register at www.terrarosa.com.au	105
26-28	Oncology Massage Module One. Presented by Tania Shaw. Bundaberg, QLD. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
28-30	CORE Myofascial Therapy 2. Presented by George Kousaleos. Sydney, NSW. Contact Budiman 0402 059 570 or terrarosa@gmail.com Register at www.terrarosa.com.au	105
30	The Shoulder Online Workshop. Developed by Bradley Collins. Contact info@thetherapyweb.com www.thetherapyweb.com This course can be started anytime throughout the year and can be completed at your own pace.	25
October 2015		CEUs
2-4	Master Class in Traditional East-West Cupping. Presented by Bruce Bentley. Sydney, NSW. Contact 03 9576 1787. www.healthtraditions.com.au	105
2-6	Advanced Certificate in Integrated Cupping Therapy. Presented by Bruce Bentley. Sydney, NSW. Contact 03 9576 1787. www.healthtraditions.com.au	175
3-4	CORE Myofascial for the Back and Neck. Presented by George Kousaleos. Sydney, NSW. Contact Budiman 0402 059 570 or terrarosa@gmail.com Register at www.terrarosa.com.au	70
5-6	Modern Cupping Therapy. Presented by Bruce Bentley. Sydney, NSW. Contact 03 9576 1787. www.healthtraditions.com.au	70
9-11	CORE Sport and Performance Bodywork. Presented by George Kousaleos. Brisbane, QLD. Contact Budiman 0402 059 570 or terrarosa@gmail.com Register at www.terrarosa.com.au	105
10-12	Oncology Massage Module Two. Presented by Deb Hart. Nedlands, WA. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
16-18	Oncology Massage Module Two. Presented by Bronwyn Sutton. South East, NSW (Location TBC). Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
17-19	Oncology Massage Module One. Presented by Amy Tyler. Castle Hill, NSW. Contact Kylie Higgins 0408 077 123. www.oncologymassagetraining.com.au	105
17-18	Chinese Cupping Therapy. Presented by Master Zhang Hao. Strathfield, NSW. Contact 0416 286 899. www.chihealing.com.au	70
17-18	Neurostructural Integration Technique Introduction. Presented by Wendy Eyles. Sydney, NSW. Contact 0412 417 719. Email: harmony4massage@gmail.com	70
24-25	Neurostructural Integration Technique Introduction. Presented by Robert Monro. Brisbane, QLD. Contact 0448 428 020. Email: nstqld@gmail.com	70
24-25	Modern Cupping Therapy. Presented by Bruce Bentley. Launceston, TAS. Contact 03 9576 1787. www.healthtraditions.com.au	70
25	Lower Back Pain and Pelvic Stability. Presented by John Bragg. Springwood, NSW. Contact 0410 434 092. www.johnbragg.com.au	35
25	Soft Tissue Therapy Congress 2015. Presented by Melbourne Institute of Massage Therapy. Heidelberg, VIC. Contact 1300 839 839 or visit www.mimt.edu.au	35

Please view the Calendar of Events on the AMT website for the complete 2015 listing: www.amt.org.au



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