

educator news June 2024

Discover how AMT's new research resource can support delivery of CHCPOL003 - Research and apply evidence to practice

AMT is excited to announce the release of our new [graded massage therapy research tool](#). It is publicly accessible to all RTOs and students.

Before we dive into any further explanation, we encourage you to watch this [6-minute tour](#) which walks you through the essential features of the resource.

Title	Creator	Date	
The effectiveness of massage interven...	Liu et al.	2022-10-14	2
Study Quality: ★★★★★★☆☆ (8)			
Summary Appraisal			
Full Text			
PubMed entry			
Message therapy as a complementary ...	Heidari et al.	2022-10	2
Efficacy of meridian massage for moto...	Yunhui et al.	2022-06	2
Effects of Infant Massage: A Systemati...	Mrljak et al.	2022-05-24	2
Efficacy of massage therapy in improvi...	Wu et al.	2022-02	2
Systematic Review and Network Meta-...	Wang et al.	2022	2
Message for gain relief in newborns sa...	Costa et al.	2022	2
The Effect of Aromatherapy Alone or L...	Najaf Najaf...	2021-12	2
Randomized control trial evidence for...	Samuel et al.	2021-10	2
The effect of music, massage, yoga an...	Zhu et al.	2021-09-01	2
The Effectiveness of Massage Therapy	Cabanas-V...	2021-04-21	2
Efficacy and safety of massage in the t...	Shen et al.	2021-01-29	2
Clinical Efficacy of Infantile Massage in...	Liu et al.	2021	2
The effectiveness of massage for redu...	Hall et al.	2020-11	2
The effectiveness of massage on peri-...	Guo et al.	2020-11	2
The Effect of Abdominal Massage on G...	Dehghan et...	2020-11	2
The feasibility of Chinese massage as ...	Zhang et al.	2020-08-21	2
Massage therapy for weight gain in pr...	Lu et al.	2020-05	2
Traditional Chinese medicine (TCM) in...	Chen et al.	2020-05	2
The effect of massage on feeding intol...	Seiedi-Bar...	2020-04-23	2
Massage therapy as a complementary	Angelopoul...	2020-03	2
Traditional Chinese medicine foot bat...	Fu et al.	2020-02	2
The effectiveness of aromatherapy, m...	Candy et al.	2020-02	2
The Effectiveness of Massage for Child...	Güçhan To...	2020 Spring	2
Effects of massage on outcomes of ad...	Jagan et al.	2019-11	2
The influence of massage on neonatal	Zhang et al.	2019-09	2
Manual massage for persons living wit...	Margenfeld	2019-08	2
Aromatherapy, massage and reflexolo...	Armstrong	2019-07	2

Summary Appraisal:

The systematic review and meta-analysis provide evidence supporting the effectiveness of massage interventions for procedural pain management in neonates. The study is methodologically sound, with a comprehensive search strategy, appropriate selection criteria, and rigorous analysis. However, the presence of heterogeneity in some results indicates variability in the effectiveness of massage, which may be influenced by factors such as the specific massage technique used and the neonates' gestational age. Future research should focus on identifying the most effective massage methods and exploring the integration of massage with other non-pharmacological interventions for neonatal pain management. The findings are relevant for clinical practice, highlighting the potential of massage as a safe and effective strategy for reducing procedural pain

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The resource uses AI Critical Appraisal Checklists to assess studies for trustworthiness, results, and relevance. The critical appraisal checklists facilitate easy and accurate critical appraisal across different study types. The systematic review checklist consists of 10 questions which are designed to assess the validity, results, and applicability of a study. These will provide a useful entry point for students learning how to appraise evidence. The traffic light system used to grade studies simplifies the process of evaluating the quality of evidence.

The development of this resource included an [overview of the current systematic review evidence](#) related to massage therapy.

The full suite of supporting materials also includes a [user guide](#) that outlines the search string used to compile the resource.

AMT warmly encourage all RTO educators to browse these [materials on the AMT website](#). We're confident that they will add enormous contextualised value to the delivery and assessment of CHCPOL003.

If you have any questions or require further information about the research resource, please [email AMT](#).



AMT social media standard

Just a reminder that the [AMT Code of Practice](#) now includes a social media standard.

HLTSS00082 – Applied Massage for Pain Management Skill Set

As you may be aware, the last review of HLT qualifications saw the development of a Nationally Recognised Skill Set, [HLTSS00082 – Applied Massage for Pain Management](#).

It incorporates three core units of competence from the HLT52021 Diploma of Remedial Massage:

- HLTMSG017 - Apply remedial massage clinical practice
- HLTMSG016 - Apply principles of pain neuroscience
- CHCPOL003 - Research and apply evidence to practice

AMT is in the process of initiating dialogue with the private health funds to see if the new skillset can be recognised within their provider recognition criteria. It may provide an alternative pathway to provider recognition for therapists in the industry who hold older qualifications, including pre-HLT, or those re-entering the industry after a break in practice.